

Himawari Preschool Covid-19 Preparedness and Response Plan

**PLEASE NOTE: CHANGES MADE FROM THE PREVIOUS PLAN ARE EITHER HIGHLIGHTED OR
CROSSED OUT**

COVID-19 Workplace Supervisors: Ted Delphia (ted@himawaripreschool.org)

Mitsuyo Delphia (info@himawaripreschool.org)

1) Modifications for Covid-19 protection at Himawari Preschool

- a. Dedicated sick room for cases of suspected covid-19
 - i. Professional library area near Sora class
 1. Prepare by removing all hard-to-sanitize materials
 - ii. Illnesses other than suspected covid-19 will continue to be isolated in the office
- b. No more mixing of different groups (social distancing)
 - i. Separate classrooms
 - ii. Separate teacher staff
 1. Assistant teachers in limited rotations
 - iii. Separate bathrooms
 1. Niji uses Niji bathroom
 2. Sora uses Sora bathroom
 3. Kotori / Hana use hallway bathrooms
(note, if classroom numbers begin approaching regular capacity, Niji and Sora can also use hallway bathrooms with increased intervals of sanitizing them by Himawari staff.
 - iv. Limited contact with other adults during the day
 1. No visitors inside
 2. Limit the number of people dropping off or picking up a child to one adult.
 3. Parents will not congregate in a single space or a large group.
 4. Parents will each individually have a separate document to sign and return at the end of the week (signed sheets to be kept with classroom sougei record)
 5. Non-group staff need to strictly maintain social distancing and limit interactions that are risky
 - v. Different times for common activities

1. If using gym, staggered times and sanitizing of frequently touched surfaces between uses by Himawari staff
- vi. Separate classroom entrances
 1. Sora: Door 2
 2. Niji: Door 3
 3. Kotori: Door 5
 4. Hana: Door 6
 5. Health check prescreen materials at each entrance
 6. Hand sanitizer at each, and nearby sinks:
 - a. Sora classroom sink
 - b. Niji classroom sink
 - c. Kotori classroom sink
 - d. Hana uses Kotori classroom sink
 7. Each door will have a place to keep indoor/outdoor shoes
 - a. Kids and staff change shoes going in/out
 - b. Staff keep shoes in personal plastic bag
 - c. Kids keep shoes in separated bins
- c. Sleeping Time: we will rearrange cots / mats to create the maximum distance between sleep/rest areas
 - i. Kids sleep head-toe
 - ii. Kids who can't sit still can be moved to a different area and do a quiet activity
- d. Toys will be limited and cleaned:
 - i. These toys will not be used on a daily basis:
 1. Dress-up clothing, stuffed animals
 2. Plastic food and utensils
 - ii. These toys will be cleaned and sanitized regularly (daily)
 1. Wood toys
 - a. Blocks, trains
 2. plastic toys
 - a. legos, blocks playhouse
 - iii. These toys will be cleaned weekly
 1. Books, puzzles
- e. Seated times will practice social distancing of 6 ft.
 - i. Inside classroom planned activities
 - ii. Eating times

1. Temporary dividers placed on tables between students
- iii. Circle time (spread out spots on the floor)
- f. Changes in outdoor usage
 - i. Teachers will plan as much outdoor activity time as possible
 - ii. Outside will be divided into different zones for different groups
 - iii. Staff and students will have separate outdoor and indoor shoes
- g. Air quality modifications. Since recent research indicates that COVID-19 can last in the air for extended periods of time as an aerosol, we are implementing the following indoor air quality modifications:
 - i. Fresh filters on all air intake handlers and air conditioners for each classroom
 - ii. Open doors for usage of exhaust fans in warm weather
 - iii. HEPA air filter machines with ionization in each classroom
 1. Winix C545 4 Stage Air Purifier with WiFi With PlasmaWave Technology (1-2 in each classroom)
 - iv. Air filters will run at low fan speeds
 1. Quieter for classroom needs
 2. Catches virus particles using diffusion of nanoparticles through Brownian motion (see <https://ntrs.nasa.gov/archive/nasa/casi.ntrs.nasa.gov/20170005166.pdf>)

2) Monitoring for Symptoms of COVID-19 at Himawari Preschool

- a. Staff
 - i. Staff will do online prescreen before coming to work:
 1. Michigan online pre-check (<https://misymptomapp.state.mi.us/login>)
 2. Staff must show pre-check before entering
 - ii. Staff will check their temperature at school
 1. If using contact temporal thermometers, make sure to sanitize after each use
 2. Enter temperature on staff sign-in sheet
 3. Fever is a key indicator of possible infection: for example, “The one thing that stress does not cause is a fever”
 - a. A person with a fever will feel hot to touch on their back or chest.

- b. Doctors consider a temperature of 100.4°F or higher to be a fever
- iii. Staff will precheck using MISymptom the following possible symptoms:
 - 1. Feverish
 - 2. Loss of taste or smell
 - 3. Sore Throat
 - 4. Shortness of breath
 - 5. Diarrhea
 - 6. Chills
 - 7. Cough
 - 8. Headache
 - 9. Nausea or Vomiting
 - 10. Muscle aches without recognized cause
- iv. Staff with a temperature of 100.4°F (fever) will leave immediately, go get tested for Covid-19 (PCV test) and wait for results
- v. Staff will only return when cleared
- b. Students
 - i. Parents will precheck students at home using MISymptom (each class has a different “employer ID” for grouping purposes) the following possible symptoms:
 - 1. Feverish
 - 2. Loss of taste or smell
 - 3. Sore Throat
 - 4. Shortness of breath
 - 5. Diarrhea
 - 6. Chills
 - 7. Cough
 - 8. Headache
 - 9. Nausea or Vomiting
 - 10. Muscle aches without recognized cause
 - ii. Parents can also check their child’s temperature at home before coming to school: if a child’s temperature is above 100.4 degrees, the child will need to stay home and notify the school
 - iii. Perform temperature check when children arrive.
 - 1. Each separate entrance will have a separate thermometer(s)

- iv. Fever is the key indicator for young children. If a child's temperature is above 100.4 degrees, the child will need to go home with the parent and not enter the classroom.
- v. We will ask parents to visually show us their MI Symptom result before their child can enter
 - 1. If parent forgot their phone, we will ask the same questions as MI Symptoms at the door
- vi. Staff will also visually check the child for signs of illness, including flushed cheeks, rapid or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness. If the child has any of these signs, we will ask them to take the child home.
- vii. Continue to monitor children for symptoms throughout the day and monitor temperature if they appear ill or "not themselves."
 - 1. For children without fever, treat as ill and follow existing Himawari Preschool procedures for sick children
 - a. Call home
 - b. Isolation in office, and possible pickup by parent
- viii. For children with a fever, or a fever with a cough and/or diarrhea
 - 1. isolate from the group (covid-19 room)
 - 2. contact parents for prompt pick up.
 - a. Their parents should contact their primary care physician/medical provider for possible Covid-19 followup.
- c. Families
 - i. Since their child is now attending preschool, they should consider their child's staff and classmates as part of a new "extended family" for purposes of reporting suspected Covid-19 cases
 - 1. Families should report possible illness if anyone in their household shows symptoms or has tested positive for COVID-19, including the child or family members if they or their children experience possible symptoms or have a positive test.
- d. School
 - i. Depending on availability, we will try to have a program for testing all students and staff using quick and inexpensive testing means, and pooling test practices

3) How to respond to a possible case of Covid-19 at Himawari Preschool

- a. Send anyone who becomes symptomatic home immediately.

- b. Isolate people who become ill while in care but can't leave immediately:
 - i. If a staff member has a possible case, they will go home and then get tested
 - ii. If a child has a possible case, we will contact a parent or guardian immediately, and the child will wait to be picked up. They will go home and get tested.
- c. Staff, and families of children in care, are required to report to Himawari Preschool if they become symptomatic or receive positive COVID-19 test results
- d. The business manager (Ted) will contact the appropriate authorities for next steps:
 - i. Wayne County Health: (734) 287-7870
 - ii. LARA licensing consultant: Janiero Byrd
 - iii. Livonia Public Schools: Lawrence DeLuca (on site); Phil Francis
- e. Notify all parents in the preschool of the suspected Covid-19 case:
 - i. "a child or staff member of XXX-class has a suspected case of Covid-19" (maintain privacy)
- f. Determine whether to close either that classroom or the entire preschool based on guidance from Wayne County Health Dept.
 - i. If an individual in a classroom is identified with a positive test for COVID-19 the classroom will be closed, cleaned and everyone in that classroom will be quarantined for 14 days. according to the current CDC quarantine procedures.
 - ii. Contact Wayne County Health Dept. for guidance and best practices and to determine if the entire preschool must close.
- g. Wayne County Health Dept. may also ask us to participate in contact tracing to limit the spread of the virus
 - i. All staff should be using a contact tracing ~~(we recommend private kit)~~
 - ii. Staff will also use <https://misymptomapp.state.mi.us/login> . This is the state recommended self-monitoring app: that also helps track coronavirus outbreaks
 - iii. ~~We will also request all families to use an app (private kit) to assist in contact tracing.~~
 - iv. <https://privatekit.mit.edu/> private kit app: helps you know if you've crossed paths with anyone else using the app who has reported coronavirus. Private, users must give permission to share any data outside of phone.

4) Returning to Himawari Preschool after leaving due to illness

- a. If a staff member or child has a fever or a cough, we will initially use the current Himawari Preschool child and staff illness policy.
 - i. Children must be fever free for 72 hours before returning to care (even if other symptoms are not present).
- b. If a staff member or child exhibits multiple symptoms of COVID-19, or they were exposed to someone with COVID-19, or they test positive for COVID-19, they must stay home until:
 - i. Have been fever-free for at least 72 hours without the use of medicine that reduces fevers, AND
 - ii. Other symptoms have improved AND
 - iii. At least 10 days have passed since symptoms first appeared.
- c. Staff who are not feeling well will be asked to stay home and get checked for Covid-19.
 - i. Staff can use sick hours, or borrow in advance against sick hours
 1. NOTE: Under Executive Order 2020-166, employees may not be discharged, disciplined, or otherwise retaliated against for staying home when he or she might infect others with COVID-19

5) Himawari Preschool Best Practices to Promote Hygiene

- a. ALL STAFF AND CHILDREN WILL WASH HANDS FOR 20 SECONDS using the procedure on our website ~~(with song)~~
- b. Cleaning and sanitizing schedule (see table K)
- c. Continue preschool procedures regarding cleaning and sanitizing as found in "LICENSING RULES FOR CHILD CARE CENTERS" from LARA
- d. Sinks and Bathrooms will receive a daily deep cleaning as usual (LPS custodial service)
- e. Toys, doorknobs and tabletops in classrooms will be regularly cleaned
 - i. Periodically using the day by assistant staff member using diluted bleach and dry for 1 minute
 - ii. Once a day scrubbed by assistant, or assigned cleaning staff member
 - iii. Children will be encouraged not to put toys in their mouths
- f. Staff will sanitize their own reusable PPE (masks, face shields)
- g. Items from outside will be limited
 - i. Staff member personal belongings will be kept in a small confined space in each classroom

- ii. No car seats, umbrellas, or other bulky items that can't be kept in a child's cubby unless given special permission
- iii. Children's belongings will be kept separate in their cubbies
- iv. Children's bedding materials will be kept separate from other materials, taken home and washed daily
- v. Outside shoes will be removed and replaced with inside shoes; inside shoes taken home and sanitized weekly

6) Himawari Preschool Staff extra precautions during Covid-19

- a. Extra Training on recognizing Covid-19 and on Hygiene
 - i. In person training session (another recap session Aug. 20)
 - ii. Online training (CCEI HLTH-111)
- b. Personal Protective Equipment
 - i. Staff
 - 1. Face Masks (required)
 - a. Staff can use homemade masks if they wish
 - 2. Face Shields (optional)
 - 3. Disposable gloves
 - ii. Children
 - 1. Children will be asked to wear face masks as much as possible
 - a. Required use in common areas, transportation
 - 2. By maintaining consistent groups, children do not need to wear a mask when with their consistent group
 - 3. Masks are optional outside (with social distancing) and not in use when eating or drinking.