

# おうちであ・そ・ぼ！ vol.4



Himawari Preschool

March 30, 2020

I went for a walk last week and found "gray squirrels", "Daffodils", "crocuses", "buds of tulip", "Robin", "Geese", and heard many bird cheeps for my card, "Let's find the signs of Spring!". Also I found some very small flowers which I don't know the names. I'm looking forward to finding more signs of SPRING!

## Let's Make a maze (circuit) at home!

Kids really enjoyed making mazes in the classrooms. I saw on youtube that some people made a circuit course in their house in the U.S.

<What you need : example>

Cardboard	Dining Table/Chairs	Jumping rope(Rope)	Yoga Mattress
Bed	Toy tunnel/Toy tent	Laundry basket & balls (for the bean bag toss)	
Sofa	Hula-hoop	Cushions	Chair mats (to use as stepping stones) etc.

You can line those things up and make a course like "go under", "walk on", "jump over" and/or "tumble". You can also make arrows or a Zig-Zag course using tape on the carpet to go around the house. I hope this gives your child more fun and can use up some of their full energy.

### Make a parachute with bed sheets

Your kids will have more fun if you put a ball or stuffed animal in the middle!

### Nabe-Nabe –Sokonuke

First, you can start this game with two people, then add more people. Can you do you're your whole family? Sora class did with all the kids and teachers!

### Hide & Seek

Simple is the best! Kakurenbo (Hide & Seek) is very popular at Himawari! When you need a rest, hide lots of stuffed animals for them to find!

Next time, I will introduce some different ways to play with plastic Easter eggs.

